

## 6th Annual Strawberry Stampede 5K Run/Walk & Kids Jam Race

**DATE:** Saturday, June 10, 2017

**LOCATION:** Alexander Financial Group across from the court house in McConnellsburg, PA

**PARKING:** Parking is limited due to other festivities so please come early to park and walk to the square

**COURSE:** This 3.1 mile (5K) loop course runs through historic McConnellsburg and around the Lions Club Park

**KIDS JAM RACE:** For ages 3-10 this event will begin at 8:30am. Please meet at the start/finish area and wait for the announcement to line up. All kids must pre-register.

**POOCH PACKET:** All dogs must be on a leash at all times. Retractable leashes are prohibited. **Dogs must be registered and accompanied by a registered participant.** We expect participants to clean up after their dogs. Owners are responsible for their dogs at all times.

**TIMES:** Registration/Package Pick-Up: 7 AM - 8:30 AM  
Kids Jam Race: 8:30 AM  
5K Run/Walk/1-Mile Fitness Walk: 9:00 AM

**FEES:**

**5K Run/Walk:**

Registration received April 15 - May 26: \$20 (Early Bird)  
Registration received May 27 - June 10: \$25

**One Mile Fitness Walk:** \$10

**Strawberry Jam Race:** \$10 (Open to ages 3 - 10 years)

**Pooch Packet:** \$5

**SHIRTS:** Strawberry Stampede 5K- First 100

registrants are guaranteed a wicked t-shirt

Strawberry Jam Race: First 25 are guaranteed a t-shirt

**5K AWARDS:** Top two overall male and female. Top two male and female of each age group.

**CONTACT:** FCMC Foundation

Email: [cboryan@fcmcpa.org](mailto:cboryan@fcmcpa.org) / phone: 717-485-6322

Race proceeds benefit Combat Child Obesity programs

Make Checks Payable to: **FCMC Foundation**

DO NOT MAIL REGISTRATIONS AFTER 06/06/17

*(Detach and send in one form per person)*

Mail Registration Form and Fee to:

Fulton County Medical Center Foundation

ATTN: Strawberry 5K

214 Peach Orchard Road

McConnellsburg, PA 17233

	5K Run/Walk	Fitness Walk	Jam Race
<b>Check One</b>			
First Name			
Last Name			
Street Address			
City			
State/Zip			
Gender			
Date of Birth DD/MM/YYYY			
Age on Raceday:			
Cell Phone Number:			
Email Address:			
<b>Check T-Shirt Size (Youth/Female/Male):</b>			
Youth S	Youth M	Youth L	
(F) Adult S	(F) Adult M	(F) Adult L	
(F) Adult XL	(F) Adult 2X	(F) Adult 3X	
(M) Adult S	(M) Adult M	(M) Adult L	
(M) Adult XL	(M) Adult 2X	(M) Adult 3X	
<b>(5K Run/Walk ONLY) Check Age Category</b>			
12 & Under	13-19	20-29	
30-39	40-49	50-59	
60 & Over			
<b>Add a \$5 "Pooch Packet" Check HERE:</b>			
Dog Name:			
<b>Signature</b> of participant parent guardian if under 18yrs			
<b>Date:</b>			
<p>RELEASE &amp; CONSENT FORM: In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees...do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions, whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any or all of the foregoing use to use my/my child's name, photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation or remunerations.</p>			