

## Jack Barr Memorial Run for Freedom - 7/4/2013

## Williamsport, MD

## Rankings

## Event 1 Mixed 5k Run RR

Name	Age Team	Avg Mile	Finals	Points
12 & Under Results - Women 5000 Run				
1 Luzier, Makenna	W12 Unattached	8:47.2	27:17.82	
2 Adams, Madison	W12 Unattached	9:06.3	28:17.03	
3 Adams, Caitlyn	W10 Unattached	11:38.4	36:09.66	
4 Weber, Grace	W11 Unattached	13:12.6	41:02.41	
5 Wade, Makayla	W8 Unattached	15:25.3	47:54.62	
13-15 Results - Women 5000 Run				
1 Delaney, Hannah	W13 Unattached	8:19.6	25:51.92	
2 Luzier, Maggie	W13 Unattached	9:04.6	28:11.81	
3 Kriner, Kaitlyn	W13 Unattached	9:16.4	28:48.39	
4 Bodine, Claire	W15 Unattached	10:09.9	31:34.75	
5 Shaver, Kennedy	W15 Unattached	10:11.0	31:38.08	
6 Bender, Jill	W14 Unattached	10:36.2	32:56.40	
16-19 Results - Women 5000 Run				
1 Holder, Natalie	W17 Unattached	6:33.6	20:22.70	
2 Dobrzanski, Zoie	W19 Unattached	7:27.1	23:09.09	
3 Jones, Sarah	W18 Unattached	7:32.0	23:24.14	
4 Stout, Regan	W16 Unattached	7:41.4	23:53.44	
5 Kastelein, Alexis	W16 Unattached	7:49.8	24:19.33	
6 Burkett, Ashley	W19 Unattached	11:06.1	34:29.42	
20-29 Results - Women 5000 Run				
1 Borland, Stephanie	W22 Unattached	6:10.3	19:10.46	
2 Borland, Maria	W22 Unattached	6:28.6	20:07.22	
3 Jones, Ashley	W23 Unattached	7:32.1	23:24.39	
4 Britner, Lindsay	W25 Unattached	8:27.6	26:16.99	
5 Nitza-Buwala, Bridgette	W20 Unattached	8:53.5	27:37.34	
6 Muhlberger, Kyla	W22 Unattached	9:27.3	29:22.51	
7 Hoffman, Lauren	W27 Unattached	9:54.5	30:46.87	
8 Tice, Victoria	W22 Unattached	10:18.6	32:01.83	
9 Albert, Paige	W21 Unattached	11:27.0	35:34.38	
10 Free, Jessica	W21 Unattached	11:41.3	36:18.63	
11 Kugler, Jessica	W29 Unattached	11:51.1	36:49.03	
12 Varner, Bethany	W25 Unattached	12:00.4	37:18.20	
30-39 Results - Women 5000 Run				
1 Anderson, Tammy	W39 Unattached	6:24.9	19:55.84	
2 Thompson, Katie	W32 Unattached	6:37.0	20:33.32	
3 Hewitt, Lori	W34 Unattached	7:31.0	23:21.13	
4 Matthews, Shannon	W35 Unattached	7:36.5	23:38.26	
5 Smith, Jennifer	W35 Unattached	8:14.1	25:34.89	
6 Gillis, Kathy	W32 Unattached	8:15.0	25:37.74	
7 Aleshire, Heather	W35 Unattached	9:16.7	28:49.55	
8 Pollock, Donna	W36 Unattached	9:58.4	30:59.11	
9 Barr, Jennifer	W31 Unattached	10:18.8	32:02.46	
10 Poland, Alesia	W33 Unattached	10:19.4	32:04.18	
11 Moats, Marsha	W30 Unattached	10:29.6	32:36.08	
12 Miller, Jennifer	W35 Unattached	11:06.8	34:31.66	
13 Llewellyn, Kelly	W32 Unattached	11:30.4	35:44.89	
14 Krumpe, Amy	W36 Unattached	11:49.7	36:44.81	
15 Gross, Heather	W38 Unattached	14:03.0	43:38.81	
40-49 Results - Women 5000 Run				
1 Hedman, Annica	W44 Unattached	6:56.2	21:32.93	
2 Joyce, Jennifer	W40 Unattached	7:09.9	22:15.64	
3 Jussila, Rebecca	W45 Unattached	7:19.0	22:43.83	

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4	Shelby, Jennifer	W43	Unattached	8:05.8	25:09.19
5	Orndorff, Becky	W43	Unattached	8:08.1	25:16.43
6	Delregno, Emily	W40	Unattached	8:21.2	25:57.02
7	Baith, Brandi	W40	Unattached	8:28.4	26:19.41
8	Erb, Jennifer	W43	Unattached	8:46.7	27:16.12
9	Nitza, Stacie	W47	Unattached	8:54.1	27:39.18
10	Cronise, Linda	W49	Unattached	8:58.4	27:52.66
11	Bender, Kristi	W42	Unattached	9:02.0	28:03.82
12	Buckwalter, Kelly	W42	Unattached	9:16.6	28:49.03
13	Wiseley, Holly	W49	Unattached	9:19.3	28:57.54
14	Delaney, Melissa	W41	Unattached	9:19.5	28:58.21
15	Segar, Charelle	W46	Unattached	9:49.9	30:32.62
16	Tavernia, Alyssa	W43	Unattached	10:15.8	31:53.03
17	Wade, Anita	W48	Unattached	10:28.8	32:33.42
18	Free, Dawn	W46	Unattached	10:45.5	33:25.39
19	Stouffer, Melissa	W41	Unattached	11:22.6	35:20.74
20	Collins, Christine	W44	Unattached	11:43.0	36:24.13
21	Walters, Amy	W43	Unattached	12:12.0	37:54.10
22	Quinones, Kathleen	W41	Unattached	14:03.2	43:39.52
23	Grebenstein, Sherree	W47	Unattached	15:44.9	48:55.59
50-59 Results - Women 5000 Run					
1	Gardner, Karen	W53	Unattached	7:29.6	23:16.74
2	Weaver, Teresa	W52	Unattached	9:04.7	28:12.10
3	Horioka, Margaret	W58	Unattached	10:27.4	32:29.12
4	Baness, Eloisa	W52	Unattached	11:38.7	36:10.52
5	Jones, Carol	W50	Unattached	12:16.2	38:07.08
6	Nye, Cindy	W59	Unattached	13:18.2	41:19.91
7	Weber, Beth	W50	Unattached	13:33.7	42:07.94
60+ Results - Women 5000 Run					
1	Zahel, Robin	W60	Unattached	10:02.8	31:12.65
2	Bonano, Valerie	W62	Unattached	10:11.8	31:40.70
3	Phenicie-Grandel, Patric	W64	Unattached	11:31.1	35:46.90
4	Boss, Stefanie	W63	Unattached	12:04.8	37:31.65
12 & Under Results - Men 5000 Run					
1	Bender, Eric Jr.	M10	Unattached	8:07.3	25:13.84
2	Luzier, Liam	M12	Unattached	9:52.8	30:41.75
3	Feeley, Dru	M9	Unattached	11:46.2	36:34.09
4	Wade, Brandon	M7	Unattached	11:51.7	36:51.17
5	Adams, J.R.	M6	Unattached	11:51.9	36:51.68
6	Adams, Albert	M8	Unattached	11:58.6	37:12.57
7	Amos, Ethan	M10	Unattached	12:00.5	37:18.47
8	Weber, Jack	M10	Unattached	12:39.9	39:20.86
9	Wade, Gavin	M10	Unattached	15:24.9	47:53.56
13-15 Results - Men 5000 Run					
1	Connelly, Ethan	M15	Unattached	6:27.4	20:03.33
2	Brown, Quentin	M14	Unattached	7:10.5	22:17.29
3	Hale, Austin	M14	Unattached	7:18.9	22:43.42
4	Wiseley, Garrett	M13	Unattached	9:05.3	28:14.15
5	Moore, Dustin	M13	Unattached	9:33.3	29:41.19
6	Kofoet, Timmy	M15	Unattached	10:04.8	31:18.92
7	Walters, Brendan	M14	Unattached	10:47.5	33:31.67
16-19 Results - Men 5000 Run					
1	Hardy, Evan	M19	Unattached	5:46.2	17:55.61
2	Schwarzenberg, Peter	M19	Unattached	5:49.6	18:05.93
3	Smith, Clayton	M17	Unattached	5:50.8	18:09.88

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4	Abeles, Connor	M17	Unattached	7:05.7	22:02.48
20-29 Results - Men 5000 Run					
1	Clement, Tony	M26	Unattached	5:06.5	15:52.27
2	Rudy, Adam	M21	Unattached	5:43.3	17:46.50
3	Mauck, Brandon	M23	Unattached	5:49.9	18:06.85
4	Oliver, Mark	M21	Unattached	5:58.0	18:32.23
5	Perry, Dylan	M21	Unattached	6:29.9	20:11.16
6	Weyant, Britalin	M21	Unattached	6:46.0	21:01.14
7	Abeles, Zach	M20	Unattached	7:28.6	23:13.74
30-39 Results - Men 5000 Run					
1	Newman, Zachary	M31	Unattached	5:45.3	17:52.75
2	Sponaugle, Brad	M33	Unattached	5:46.8	17:57.30
3	Connelly, Eamon	M31	Unattached	5:51.1	18:10.69
4	Walls, Bill	M36	Unattached	5:55.7	18:25.09
5	Erb, Jonathan	M37	Unattached	6:20.4	19:41.76
6	Flores, Jairo	M32	Unattached	6:30.7	20:13.87
7	Bailey, Chris	M38	Unattached	7:02.9	21:53.62
8	Keasey, Scott	M31	Unattached	9:02.7	28:06.07
9	Jussila, Thomas	M33	Unattached	9:33.5	29:41.66
10	Feeley, John	M38	Unattached	11:48.1	36:39.86
40-49 Results - Men 5000 Run					
1	Fisler, Tim	M43	Unattached	5:47.6	17:59.94
2	Dick, Jaime	M41	Unattached	6:00.7	18:40.55
3	Downie, Jeramiah	M41	Unattached	6:29.5	20:09.92
4	Ramos, Manuel	M46	Unattached	6:49.9	21:13.40
5	Wade, Bruce	M48	Unattached	7:12.5	22:23.64
6	Morris, Eddie	M42	Unattached	7:25.9	23:05.17
7	Keller, Troy	M42	Unattached	7:42.8	23:57.79
8	Kastelein, John	M41	Unattached	7:50.0	24:20.09
9	Bailey, Michael	M42	Unattached	7:55.5	24:37.34
10	Bender, Eric	M45	Unattached	8:07.4	25:14.24
11	Abeles, David	M47	Unattached	8:15.4	25:39.14
12	Silvia, James	M45	Unattached	9:06.4	28:17.51
13	Rosenthal, Eric	M48	Unattached	11:04.1	34:23.11
14	Burkett, Rick	M48	Unattached	11:05.8	34:28.37
15	Adams, Bob	M44	Unattached	11:58.9	37:13.48
50-59 Results - Men 5000 Run					
1	French, Paul	M52	Unattached	7:33.2	23:27.92
2	Clark, Tim	M55	Unattached	7:41.8	23:54.55
3	Weaver, Joe	M56	Unattached	8:25.9	26:11.56
4	Bryan, Tim	M54	Unattached	8:27.3	26:15.93
5	Zube, Alan	M59	Unattached	8:53.0	27:35.68
6	Smalley, Jim	M56	Unattached	9:01.8	28:03.29
7	Meyers, Harry	M53	Unattached	9:16.5	28:48.73
8	Shifler, Michael	M56	Unattached	9:48.9	30:29.58
9	Wade, Chuck	M55	Unattached	15:52.6	49:19.36
60+ Results - Men 5000 Run					
1	Kearns, Don	M61	Unattached	7:06.9	22:06.06
2	Micale, Carlo	M64	Unattached	7:33.5	23:28.76
3	Michael, Ray	M69	Unattached	7:34.8	23:32.86